

We welcome you all to join us in our sessions at the children centre, a warm and friendly team is here to welcome you. We can offer support in all areas of parenting life so please ask if you would like more information.



We kindly ask for a 50p contribution at all sessions.

Support and information on school readiness, once a month at Breakfast club

1st week of month

Fussy eaters

2nd week of month

Toileting

3rd week of month

Sleep and bedtime routines

4th week of month

Early reading & writing skills

NEWS: BBB Antenatal Classes Start on Tuesday 18th April 2-4pm

Go to www.bumpbirthandbaby-cbc.eventbrite.com to book your place.

New! Messy play Roadshow and **Build Explore and Play** for all ages.

Join us for a cuppa, meet friends and have a play.

Worried about your child's, **listening, talking, stammering,** interaction?

Concerned about your child's speech?

Pop in and see a speech and language Therapist at the Children's centre

Monday 3rd April, 8th May, 12th June 8.30-10.00

Chattertots: 3-week course starting in June on a Monday morning. **Please ask for details.**



Play experiences & activities to explore for children aged 0-5.
Support and information on all aspects of being a parent.
Doidy cups and tooth brush available to buy.
Pop in for support and information for your well child and baby.
The session is supported each week with the 0-19 health team.

Every Wednesday

1.00– 3.30 at the children's centre

Last Tuesday of the month

9.15-10.15 at Stondon Baptist Church Hall

All ages welcome

Pop-up Book swap coming soon. Borrow children's books for free and swap them for new ones every time you visit. Starting in May 2017 Book start packs also available to pick up.



Check out our Facebook Page for the local Toddler Groups.





A friendly, café style drop in for Breast feeding or mixed feeding parents.

Come along for a cuppa, meet other parents, carers and babies. Our trained staff from the Children Centre and 0-19 team are at the session to support with feeding.

Antenatal & new parent get together Tuesday's Term time only **1.00-2.00**



Join us for a cuppa, cake and chat. Everyone welcome with a bump or new and young baby. Breast feeding support on offer during the session.

VENUE- Henlow Pavilion, Groveside, Henlow. In the upstairs room. Lift available.

Starts weekly from 18th April 2017

SEND **Wednesday 26th April, 24th May & 28th June 9.30-11.00**



Do you have a child with Special Educational Needs in School?

SEND offer a free and confidential support service for parents and carers of children with Special Educational Needs. They support children from early year's right through to the end of their formal education.

Advice about: Finding a school - Classroom support - IEP's - Behaviour issues - Exclusions
Getting a statement - Statements and annual reviews.

Build, Explore & Play **Wed 10th May & 14th June 10.00 to 11.15**



Birth to 5 years

BEP is a great session for your little ones to explore and play with recyclable materials. They can choose what to play with, mix it about and build in their own way. Sensory area for babies to explore. Finishes with a story or rhymes.

VENUE-Shefford Methodist Church, Amphill Rd. Shefford.



Babies & toddlers aged 0 –18 months

A place to meet other families, have a play followed by singing with puppets and the parachute. Practical parenting advice and breast feeding support available. Term time only.

Breakfast Club

Monday & Wednesday 8.30 to 9.15 Friday 8.30 to 9.30

Start your day the right way!

Come along for a play, cuppa and if you'd like join us for breakfast, It's free! Weekly themes to support parenting. All ages welcome. Join us before or after school drop offs too. Term Time only.



Breakfast club weekly themes	
1 st week of month	Support and information for your Fussy eaters
2 nd week of month	Toileting, Top tips and strategies
3 rd week of month	Sleep and bedtime routines
4 th week of month	Early reading & writing skills, mark making fun



Messy Play Roadshow

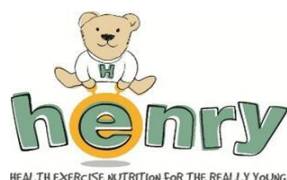
Coming to your local toddler group.

See our Website and Facebook page for details of the events. 0-5years. Change of clothes advisable.



Parent Puzzle Parenting 4 Week programme

How to get the best out of Family Life. Top tips for challenging behaviour, boundaries, time out, praise and positive parenting. Call to book a place. No crèche. Babies in arms welcome. Fridays in May 9.30-11.30



Henry a 7-week course – Starts in May

Do you have a fussy eater? Ideas for active play and Healthy eating? 0-5 years. Call to book a place. Ask us for more details



Book start course – Starts in June

3 week Book start course, songs, stories and play. Free Book start gifts. Call to book a place. Ask us for more details

